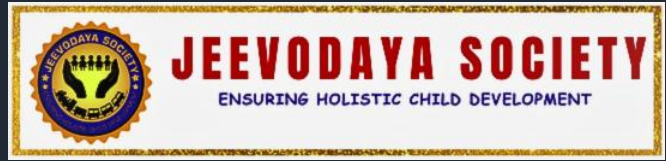


THE GRACEFUL GLIMPSES

MONTHLY NEWSLETTER,

ISSUE: JAN- 2026.



“Quality Home, Strengthening Community Participation in Child Protection”

Welcome to the first issue of our monthly newsletter, *“Quality Home – Strengthening Community Participation in Child Protection”*. This initiative shares our journey and ongoing efforts to ensure the safety, well-being, and holistic development of children in child care home and communities. We highlight key activities, success stories, challenges, and best practices while strengthening collaboration among caregivers, stakeholders, and partner organizations. We hope this newsletter supports your initiatives with children, women, and youth in building stronger systems of care and protection.



JEEVODAYA SOCIETY

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THE POP UPS OF JANUARY 2026.



Message from the Director:

Welcome to our first issue of the newsletter “THE GRACIOUS GLIMPSES” which highlights our efforts to reach you with our humble achievements in our service to the children in child Care Home as well as in the community of Itarsi municipality wards. Our aim is to ensure that every child gets the best opportunities for a holistic development in a child friendly environment and gets protected from any kind of abuse and exploitation. We want to ensure that our Girls’ home becomes a model for child care, especially for the girl children and this model influences the child care homes in the state and in the country.

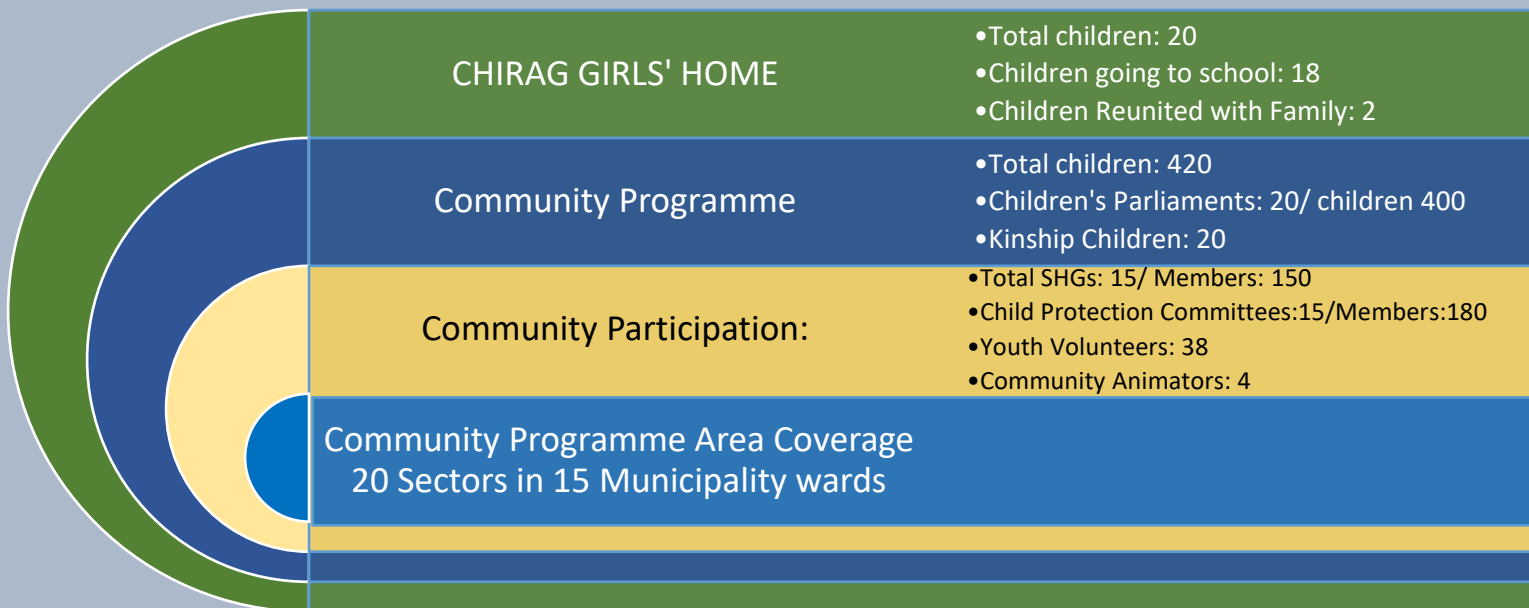
In this first edition, we explore Glimpses of our work and its behind-the-scenes insights which will inspire you to the service of the little children who are the most vulnerable in the society. I am hopeful that our service to these children today, will ensure a strong and better generation for tomorrow. May our efforts grow and spread and reach all over.

Thank you for joining us in our journey to explore the most relevant ministry towards ensuring children a friendly environment to grow. We are thrilled to have you on board.

Yours Sincerely,

Sr. Clara Animottil, CSJ

Director, Jeevodaya Society



Quality Children Home Highlights: CHIRAG

Our Children Home continued to provide a safe, supportive, and caring environment for children in need of care and protection. Daily routines included structured study hours, recreational and sports activities, and regular counseling sessions. Special emphasis was placed on emotional well-being and positive discipline through guidance and encouragement.



During the month, children actively participated in drawing competitions, sports events, and Republic Day preparation programs. These activities helped enhance their confidence, creativity, discipline, and teamwork skills.



Education Support Program

Under our education support program, children are broadly grouped into three learning categories:

1. Quick learners who are self-motivated,
2. Average learners who perform well with proper guidance and encouragement, and
3. Children who require special support and continuous motivation.

All children attend a nearby government school regularly, commuting by bicycle from 10:00 a.m. to 5:00 p.m. In addition, they receive two hours of daily coaching at the home. Monthly assessments indicate steady improvement in academic performance, confidence, and learning outcomes.

Physical and Sports activities:

Daily sports activities, including indoor and outdoor games, are conducted within the home premises to promote physical fitness, discipline, and teamwork among children. Yoga and meditation sessions are also organized regularly to support mental well-being and overall development. The activities have encouraged active participation and fostered a spirit of healthy competition. With consistent guidance and training from the sports teacher, two girls from the home have been selected to participate in hockey at the state level—a significant achievement that reflects their dedication, talent, and hard work.



Children's Committee for Home Management

A Children's Committee has been constituted to actively involve children in the effective management of the home. The committee functions through different sub-groups focusing on education, discipline, health and hygiene, sports, and recreation. Children are encouraged to participate actively in planning, decision-making, and implementation of activities related to daily routines and overall home management.

Through this committee, children learn responsibility, leadership, cooperation, and self-discipline. The health



and hygiene group promotes cleanliness, personal hygiene, and healthy habits, while the discipline group helps maintain order and positive behavior within the home. The sports and recreation group encourages participation in physical activities, games, and creative programs, contributing to physical fitness and emotional well-being.

Counseling and Personality Development

Counseling and personality development services are an integral part of the care provided to children in the CCI. Qualified counselors and psychologists are available to address the emotional, psychological, and behavioral



needs of the children. Regular individual and group counseling sessions focus on building self-esteem, emotional resilience, self-awareness, and positive coping mechanisms.

Personality development programs are organized to enhance communication skills, confidence, decision-making abilities, and social behavior. Children are encouraged to develop a positive self-image, emotional stability, and healthy interpersonal relationships, contributing to their overall well-being and holistic development.

Special Events: New Year Celebration

The New Year celebration was organized with great enthusiasm and joy. Children wrote down their new goals and resolutions, encouraging positive thinking and personal growth. Various competition games were



conducted, in which the children participated actively and joyfully. The event created a lively and cheerful atmosphere, allowing everyone to celebrate together. A delicious lunch was served, adding to the happiness of the day. Overall, it was a memorable occasion filled with laughter, learning, and togetherness.

SPARC: Community Programme Highlights

The main focus of our community programme is to strengthen families and communities to safeguard children, promote their well-being, and create safe and child-friendly spaces. By empowering local systems and caregivers, we aim to prevent risks to children and reduce unnecessary institutionalization, ensuring that children grow up in nurturing family and community environments. Together, these efforts contribute to building resilient communities, where children and youth are protected, valued, and given opportunities to thrive.

Children's Parliaments:

Jeevodaya is working with 15 children's Parliaments across 15 wards. Children's Parliament is a child-led



platform where children learn and practice democracy by electing their own representatives and discussing issues that affect their lives—like education, health, safety, and child rights. It builds leadership, self-confidence, and civic responsibility, while giving children a voice in decision-making at school or community level. By participating, children understand their rights and responsibilities and learn how to advocate for positive change in a safe, guided environment.

Republic Day Celebrations

Republic Day was celebrated with Children's Parliaments in Narendra Nagar, Bangali Colony, Kheda, and Abdul Hamid Nagar on 26.01.2026. The



children actively participated by showcasing leadership, sharing their views on child rights and responsibilities, and expressing the values of democracy, unity, and equality through speeches and activities, making the celebration meaningful and child led.

Child Protection Committees: (CPCs)

Jeevodaya is working with 15 Child Protection Committees

across 15 wards to strengthen community-based child protection

system. These committees aim to identify, prevent, and

respond to issues such as child labour, child marriage, abuse, and school dropout. By involving community members, the initiative improves awareness of child rights and reporting mechanisms. The committees act as a local support system, ensuring timely intervention and safer environments for children.



Self Help Groups

Jeevodaya is actively working with 15 Self Help Groups across 20 sectors in Municipal Corporation of Itarsi. The initiative focuses on strengthening the groups economically through collective action. SHG members are encouraged to develop saving habits and financial independence. Along with economic growth, the groups

play a key role in protecting child rights. Members are sensitized to issues like child labor, education, and child protection.

Women leaders are empowered to raise social

concerns at the local level. The program promotes awareness on government schemes and social welfare. Community participation is strengthened through regular meetings and training. Overall, the initiative supports sustainable social change through empowered SHGs.



Digital Literacy Programme

Jeevodaya Society has launched a meaningful initiative under its Computer Literacy Program to promote digital education among underprivileged children. The course is currently in progress with 10 students actively participating and benefiting from the training. Through this program, needy students are receiving free computer education from experienced and qualified professionals, including Mr. Atul Mahobiya (MCA, B.Ed). The initiative aims to equip young learners with essential computer skills, boost their confidence, and prepare them for future academic and career opportunities in the digital world. By ensuring equal access to technology and knowledge, Jeevodaya Society is taking a strong step toward empowering young minds and building a brighter, digitally inclusive future for the community.



Success Stories

A Thrill of reunion: “Janvi” (Name changed)

Janvi, a 15-year-old girl, was welcomed at Chirag girls, home in Dec. 2025, but had no clue of her family and home. Initially she seemed to be not able to talk, but after coming to Chirag and mixing with the home members, she became very friendly and started actively participating in the activities of the home.

After continuous efforts and CWC’s initiatives, we were able to find her family and the joy of reunion with family was an experience that no one can describe in words.

This is an example how our girls’ home transforms whoever comes in. A homely environment and familial treatment to children is of utmost importance for socio-emotional development of children.

A platform for children to express:

The children’s parliaments initiated through Jeevodaya Samyog programme have created an opportunity for children to participate and express their views, especially in the efforts towards ensuring a safe and friendly environment for children in the community.

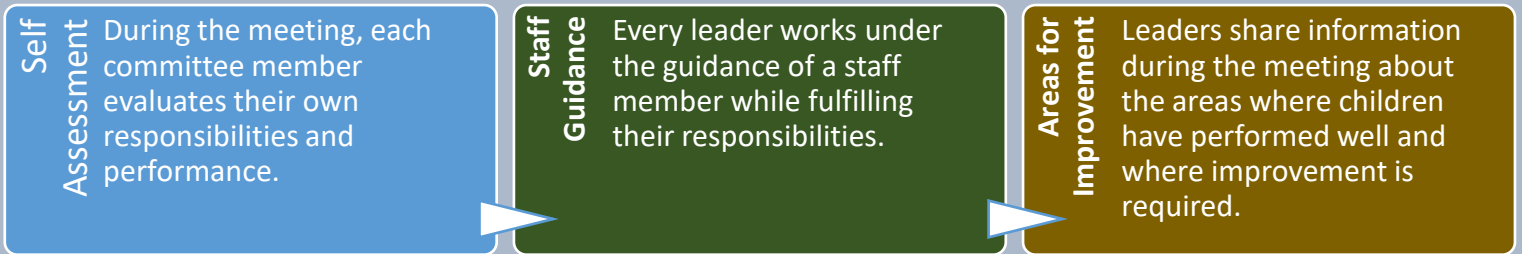
The children’s parliaments not only focus on the issues affecting children, but also focus on the personality and leadership development of children. When children participate, they can transform their lives, education, personality and living environment.

Children’s Voices

Chirag: Children’s Committee (Bal Samiti)

The Children’s Committee, also known as the *Bal Samiti*, is a committee formed **for children and by children**. In this committee, every child plays the role of a leader and takes responsibility for specific duties. To evaluate these responsibilities, a committee meeting is organized once every month.

Purpose and Working Process of the Meeting:



Main Focus Areas of the committee:

1. **Health:** It is ensured that every child is healthy. If any child is unwell, the efforts being made for their treatment are discussed.
2. **Education:** Special attention is given to the children's studies. Based on their abilities, children are categorized as *Average*, *Good*, and *Better*. Special arrangements and decisions are made for children who are weak in studies.
3. **Recreation:** Along with health and education, recreation is also essential. Every month, festivals are celebrated in such a way that children gain knowledge along with enjoyment. The responsibility of organizing programs is given to the children.
4. **Lifestyle:** Children's lifestyle outside the CCI is different, but here they are encouraged to live a simple life. The guiding principle followed is "**Simple Living, High Thinking.**"
5. **Discipline:** It is ensured that every child follows discipline. Measures are discussed to guide children in the right direction if they violate rules.

Home Management and Personality Development

After the committee meeting, a *Home Management Committee* meeting is held. This meeting includes all main leaders of the committees along with staff members and representative from CWC, where the committee meeting is reviewed.

- **Sharing of Issues:** Each main leader shares the problems and achievements of their committee.
- **Decision-Making Process:** All staff members collectively take appropriate decisions to resolve the issues discussed.
- **Expression and Confidence:** This platform gives leaders the opportunity to openly share their problems and suggestions, which helps in building courage and self-confidence among children.
- **Equal Opportunity:** Every child should get this opportunity so that they can freely express their problems and suggestions.

Poonam Yadav, 12th Class, Committee Leader, Rainbow Group, Chirag Home.

SPARC/SAMYOG: Children's Parliament:

Hello, I am Palak Vishwas, the Prime Minister of our Parliament. Before joining the Children's Parliament, I did not have confidence in myself. I was unable to speak openly about my thoughts and feelings. I was feeling nervous speaking in front of a group and could not express my opinions or participate actively in discussions. I did not clearly understand my rights and often hesitated to take part in meetings or community activities.

After joining the Children's Parliament, my self-confidence increased a lot. I learned to speak openly in meetings and share my views without fear. I also began helping others understand their problems and became more aware of my rights and responsibilities. Now, I actively participate in discussions, support new members, and stay aware of issues related to children in my area. The Children's Parliament has helped me grow personally and become more confident and responsible.

Palak Vishwas, Class 12, Bangaliya, Kheda

Mera Computer Literacy Program ka Experience

Mera naam Bhavna hai. Jab main first day computer class mein aayi thi tab mujhe computer ke baare mein kuch bhi nahi aata tha. Maine 10th class pass ki hai aur abhi main school nahi ja rahi hoon.

Mujhe Jeevodaya Sanstha ka support mila aur maine Computer Literacy Program join kiya. Class mein sabse pehle hume computer ka topic samjhaya jata hai, phir uska practical computer par karwaya jata hai. Isse mujhe achchi tarah samajh aata hai.

Ab main typing, MS Paint aur MS Word seekh rahi hoon. Mera computer mein interest din-pratidin badh raha hai. Pehle meri typing speed sirf 5–6 WPM thi, lekin ab meri typing speed 20 WPM ho gayi hai.

Mujhe bahut achcha lag raha hai aur maine computer par bahut kuch naya seekha hai. Main Jeevodaya Sanstha ka dil se dhanyavaad karti hoon ki unhone mujhe yeh avsar diya.

Bhavna, Computer Student, SPARC

OUR APPROACH

Child Protection Committees

We support the formation and capacity building of village and ward-level child protection committees to identify vulnerable children, prevent abuse and neglect, and ensure timely reporting and referral of cases to appropriate authorities.

Children's Parliaments:

Children's parliaments provide a platform for children to express their views, participate in decision-making, and learn about leadership, rights, and responsibilities, helping them become confident and responsible community members.

Kinship Programme

- Through the kinship programme, children who cannot stay with their parents are supported to live with extended family members in a safe and caring environment, reducing the need for institutional care while maintaining family bonds.

Self Help Groups

- We work with women's self-help groups to strengthen livelihoods, financial stability, and awareness on child rights, education, health, and protection, enabling families to better care for their children.

Youth Activities

Regular youth engagement programmes are organized, including life-skills training, sports and cultural activities, career guidance, and awareness sessions on health, substance abuse prevention, and digital safety. These activities help young people develop confidence, leadership, and a sense of responsibility towards their communities.

Animators' Motivation Initiatives:

Community animators play a key role in mobilizing families and children. To keep them motivated and effective, we conduct regular review meetings, capacity-building trainings, peer-learning sessions, and recognition of good performance. These initiatives strengthen their commitment and enhance the quality of community-level child protection work.

- **Family Strengthening:** Counseling, parenting sessions, and livelihood support are provided to vulnerable families to improve their capacity to protect, nurture, and educate their children, creating stable and supportive home environments.

Trainings In January, 2026

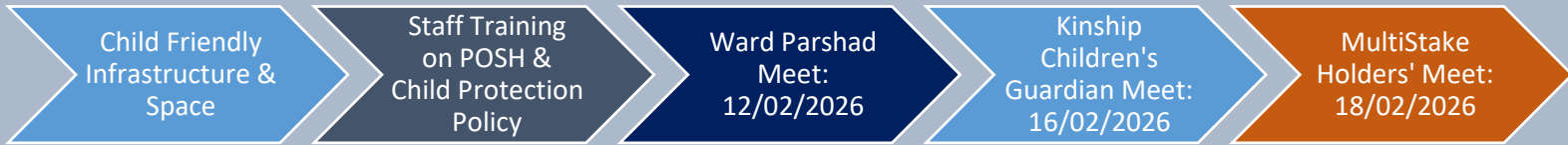
ICP Orientation

Project Cycle Management & LFM

SPARC Animators' Orientation

SPARC SHG Leaders Meeting

Upcoming Activities/Trainings – February 2026



JEEVODAYA'S COMMITMENT



We continuously strive to maintain a safe, accountable, and child-friendly environment.

Expression of Gratitude

We the Jeevodaya family express our heartfelt gratitude to:

Our donors and well-wishers
District Child Protection Department
Local schools and healthcare partners
Our dedicated staff and volunteers

Your collaboration makes our work possible.... Thank You

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